Central Autumn TUFSDAY WEDNESDAY THURSDAY FRIDAY **MONDAY** Winter Menu 2024 2025 Cottage Pie **WEEK ONE NEW** Tomato & Meatballs in Tomato Salmon Fishfingers/ SHACK Fishfingers with Chips & Veaetable Pasta Sauce with Rice Peri Peri or BBQ Chicken Tomato Sauce 02/09/2024 or Quorn with Diced 23/09/2024 Seasoned Potatoes & 14/10/2024 Sweetcorn Salsa 🧥 Mexican Faiitas **NEW** Creamy Chickpea and **NEW** Cheese and Broccoli Mexican Bean Roll with 11/11/2024 with Rice Coconut Curry with Rice Pasta with Garlic Bread Chips & Tomato Sauce 02/12/2024 06/01/2025 Vegetables of the Day 27/01/2025 24/02/2025 Carrot and Courgette Cake Blackberry and Apple Melting Moment Biscuit Fruit Platter A Chocolate Orange Cookie 17/03/2025 Crumble with Custard WEEK TWO Classic Cheese and Tomato **NEW** Chicken Pasta Bake Sausage and Mash **NEW** Tuna Pasta Bake or Chicken Tikka with Garlic Bread with Gravy Masala with Rice Fishfingers with Chips & Pizza 09/09/2024 Tomato Sauce Or Rainbow Pizza 30/09/2024 Chinese Vegetable Curry Vegan Sausage and Mash **NEW** Mild Mexican Chilli Cheese and Tomato Quiche 21/10/2024 With Potato Wedges with Rice with Gravv with Rice with Chips & Tomato Sauce 18/11/2024 09/12/2024 13/01/2025 Vegetables of the Day 03/02/2025 Marble Sponge Cake with Fruit Medley Peach Cake Oaty Cookie 03/03/2025 Jelly with Mandarins Custard 24/03/2025 Roast of the Day with Spaghetti Breaded Fish with Chips & **WEEK THREE** Macaroni Cheese Stuffing, Roast Potatoes Bolognaise Tomato Sauce **NEW** Mild Caribbean Chicken and Gravy 16/09/2024 with Rice and Peas 07/10/2024 **NEW** Caribbean Butterbean Plant Balls in Tomato Sauce Cottage Pie **NEW** Hot Pot Baked Bean Cheese and Pepper Stew with Rice and Peas 04/11/2024 with Rice with Gravy Casserole with Rice Omelette with Chips & 25/11/2024 Tomato Sauce 16/12/2024 20/01/2025 Vegetables of the Day 10/02/2025 Chocolate and Beetroot Sticky Toffee Apple Crumble Fruit Salad **NEW** Savoury Cheese Scone Vanilla Shortbread 10/03/2025 Brownie with Custard 31/03/2025 ALLERGY INFORMATION: MENU KEY Added Plant Power If you would like to know about particular allergens in foods please Wholemeal Veaan ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked Available Daily: to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the Fresh Sandwiches, Tuna Mayonnaise, Cheese or Ham, Jacket Potato with a choice of Cheese, Beans or Tuna Mayonnaise preparation of our meals and due to the nature of our kitchens it is Fresh Bread – Salad Selection – Fresh Fruit and Yoghurt not possible to completely remove the risk of cross contamination.



