



## PE

### Sharlston Vision

At Sharlston, we inspire every child to shine by nurturing their unique talents and fostering a love for learning. Together, as a community, we celebrate success as a shared experience, empowering everyone to reach their full potential.

### Subject Vision

In PE, the aim is to promote active and healthy lifestyles, physical skills, physical development and knowledge of the body in action. PE will also be used to improve and sustain children's mental health and overall wellbeing. Children will be taught the difference between physical activity, school sport and physical education where they will learn that physical education relates to physiological, psychological and sociological aspects. Furthermore, PE will reduce inequalities and will provide ALL pupils with the knowledge and confidence to be able to participate in physical activity.

### Curriculum Drivers

Learning	Citizenship	Communication
PE is a way in which children can learn by doing. They will have the chance to participate in a range of sports that are both individual and team based. By doing so, they will be able to build on their confidence, independency and social school by working collaboratively with others. ALL children will have the opportunity to perform and display their skills to their peers and during competitive sports throughout the different units of PE that are taught. Children's skills and knowledge for each area of the PE curriculum will develop as they progress through school. In turn, this will expose them to a variety of different situations in different sports. As a result of this, children's resilience and attitudes will be developed.	Children will learn the importance of health and wellbeing and how these relate to sport. In order to understand their importance, children will be given the knowledge and experiences. Children's confidence will be develop by allowing them to have the opportunities to display their skills and knowledge to their peers. This will allow children to celebrate differences as well as the chance to provide feedback both their own and others' performances.	In PE, children are exposed to a wide range of vocabulary that relate to specific sports as well as health and wellbeing terminology. This will enable children to confidently use this terminology when providing feedback to their peers or self-evaluating their own performances.

### Supplements

Children will apply the skills and knowledge they have learnt throughout the PE curriculum to participate in interschool competitions. There are also several opportunities for ALL children to represent school in a variety of competitions over the course of the school year. As well as children having the opportunities to take part in PE lessons and other active outdoor and learning opportunities, they will also be able to take part in other short bursts of physical activity including 'dough disco' and 'The Daily Mile'. Through work with outside agencies, children are encourage to stay active at lunch times. These agencies lead certain activities and encourage children to become more active. The after school curriculum has been tailored so that children can access a variety of different after school clubs that are run by both teachers and qualified coaches.